

Ventana Canyon Golf and Racquet Club

CATALINA ROOM LUNCH MENU

Soups and Salads

Gazpacho our version of the classic

Tortilla Soup a taste of the southwest

House Made Soup of the Day, Created Fresh Daily

Mulligan Salad

Salad Creation from a list of freshly prepared ingredients and tossed to order.
Please request a checklist from your server.

Fried Chicken Cobb Salad

Romaine Lettuce, Sliced Egg, Tomatoes, Avocado, Blue Cheese, Bacon Crumbles,
Sweet Potato Fritz and Ranch Dressing

Traditional Caesar Salad

Classic Style Dressing, Romaine Lettuce, Garlic Bread Croutons, Anchovies and Parmesan Cheese

Ventana Blue Salad

Baby Greens, Blue Cheese crumbles, Spiced Pecans, Green Apples, Berries, Citrus Segments,
Orange Poppy Seed Dressing and Sweet Potato Fritz

Cashew Chicken Salad

Romaine and Iceberg Lettuce tossed with Chow Mein Noodles, Mandarins, Red Peppers,
Scallions, Cashews and Red Chili Thai Dressing

Spinach & Strawberry Salad

Baby Spinach, Shaved Fennel, Pistachio Nuts & Strawberries
tossed with Cucumber Bleu Cheese Vinaigrette

Trio of Salad

Chicken Salad, Tuna Salad and Egg Salad on chopped Romaine
with Tomato & Red Onion Salad and Garlic Croutons

Quiche of the Day served with Side Salad

Your server will explain today's creation

Seasonal Fruit and Berry Plate

Assorted Sliced Fruit and Berries with Berry Yogurt

For an additional charge, all Salads are available with Beef, Shrimp or Salmon or
Chicken; your choice of Grilled or Blackened (must be ordered in conjunction with a salad.)

Entrees

All Sandwiches come with choice of Side Salad, Fruit or Fries (Not included in the Pick Two)

Pick Two

1/2 Sandwich of the Day, Cup of Soup or Side Salad (you must pick two DIFFERENT items)

Turkey Club

Smoked Turkey Breast, Swiss Cheese, Bacon, Leaf Lettuce, Tomato, Mayonnaise, Whole Wheat Toast

Prickly Pear Marinated Chicken Breast Sandwich

Glazed Prickly Pear Chicken Breast topped with melted Pepper Jack Cheese,
Served with a side of Signature Jalapeno Prickly Pear Onions

Ventana House Burger

Half Pound Ground Beef, Choice of Cheese, Leaf Lettuce, Tomato, Red Onion, Pickle
Add Signature Prickly Pear Jalapeno Onions & Pepper Jack Cheese

Shrimp & Spinach Wrap

Shrimp, Spinach, Marinated Tomatoes with Basil Vinaigrette in a Flour tortilla

Vegetable or Turkey Burger

On a Sesame Roll, Choice of Cheese with Cranberry Mayonnaise and Fresh Fruit

Ventana Lifestyles Plate

Choice of Grilled Marinated Portabella Mushrooms, Chicken Breast **OR** 4oz. Angus Burger served with
Cottage Cheese and Fresh Fruit

Italian Beef Sandwich

Angus Prime Rib dipped in Chicago Sauce topped with your request of grilled peppers and melted
Provolone Cheese on a toasted Italian Roll with a side of Jus

Corned Beef Reuben Sandwich

Corned Beef with Classic Thousand Island Dressing, Sauerkraut and Melted Swiss Cheese on Rye

Roasted Turkey Sandwich on Ciabatta

Fresh Roasted Turkey sliced on Hearth Style Ciabatta with shaved Iceberg, sliced Tomato, Mayonnaise,
Fontina Cheese slightly melted and served with Orange Strawberry Jam and Fresh Fruit

Barbecue Pork Sandwich

Braised BBQ Pork piled high on Sesame Bun topped with Pickles and Onions served with Coleslaw

Sides, Extras and Ala Carte

Guacamole (4oz), French Fries, Onion Rings (3 ea), Napa Slaw, Cottage Cheese or Side of Fruit, Bacon,
Consuming Raw or Undercooked Meats, Poultry, Seafood, Shellfish, or Eggs, May Increase Your Risk of Food borne Illness